

# Welcome June

Daily protein options include yogurt, hard boiled eggs, cheese stick, beef or chicken stick. Subject to change

# Breakfast

## Junior & Senior High School

Milk Choices: White 1% and Chocolate Skim

Juice Choices: Apple, Grape & Orange

Students may select 1 fruit juice, 1 milk and a 1/2 cup serving of fruit in addition to 2 items.

This institution is an equal opportunity provider.

Revised 4/21/25

### Monday

### Tuesday

### Wednesday

### Thursday

### Friday

26



27

Choice of 2 items:  
Egg & Fiesta Cheese Croissant  
Oatmeal Bar  
Breakfast Cereal  
Daily protein options  
**PLUS may select:**  
Daily Fruit  
Milk  
100% Fruit Juice

28

Choice of 2 items:  
Whole Grain Muffin  
Early Riser Hashbrown  
(stuffed with egg & cheese)  
Breakfast Cereal  
Daily protein options  
**PLUS may select:**  
Daily Fruit  
Milk  
100% Fruit Juice

29

Choice of 2 items:  
French Toast Sticks  
Chicken Sausage  
Breakfast Cereal  
Daily protein options  
**PLUS may select:**  
Daily Fruit  
Milk  
100% Fruit Juice

30

Choice of 2 items:  
Turkey Bacon Scramble Pizza  
Pop Tart  
Breakfast Cereal  
Daily protein options  
**PLUS may select:**  
Daily Fruit  
Milk  
100% Fruit Juice

2

Choice of 2 items:  
Cook's Choice  
Chicken Sausage Patty  
Breakfast Cereal  
Daily protein options  
**PLUS may select:**  
Daily Fruit  
Milk  
Fruit Juice OR Smoothie

3

Choice of 2 items:  
Cook's Choice  
Bacon & Cheese Scramble  
Breakfast Cereal  
Daily protein options  
**PLUS may select:**  
Daily Fruit  
Milk  
100% Fruit Juice

4

Choice of 2 items:  
Cook's Choice  
Breakfast Cereal  
Daily protein options  
**PLUS may select:**  
Daily Fruit  
Milk  
100% Fruit Juice

5

Choice of 2 items:  
Cook's Choice  
Breakfast Cereal  
Daily protein options  
**PLUS may select:**  
Daily Fruit  
Milk  
100% Fruit Juice

6

Choice of 2 items:  
Cook's Choice  
Breakfast Cereal  
Daily protein options  
**PLUS may select:**  
Daily Fruit  
Milk  
100% Fruit Juice

